

Ideas, activities and information for families of young children in the time of Coronavirus

Information for Parents and Caregivers

- [Early Learning Nation: A Parent's Guide to Surviving COVID-19: 8 Strategies to Keep Children Healthy and Happy](#)
- [Child Trends: Resources for Supporting Children's Emotional Well-being during the COVID-19 Pandemic](#)
- [Common Sense Media: Resources for Families During the Coronavirus Pandemic](#)
- [Harvard Graduate School of Education: Helping Children Cope with Coronavirus and Uncertainty](#)
- [National Association of School Psychologists: Talking to Children About COVID-19 \(Coronavirus\): A Parent Resource](#)
- [ZERO to THREE: Tips for Families: Coronavirus](#)
- The [Health Outcomes of Positive Experiences \(HOPE\) initiative](#) launched a blog series about [Love in the Time of Coronavirus](#) with practical tips for parents.
- [Be Strong Families](#) is pivoting to provide virtual Parent Cafes and professional development opportunities.
- [Prevent Child Abuse America](#) has tips and resources for families to stay connected and manage stress.
- [Early Childhood Development Action Network: Early Childhood Focused COVID-19 Resources](#)

Especially for Grandfamilies and Multigenerational Families

- [Generations United: COVID-19 Fact Sheet for Grandfamilies and Multigenerational Families](#)

Fun Tips and Activities for Children and Families

- [Center on the Developing Child: Activities Guide: Enhancing and Practicing Executive Function Skills with Children from Infancy to Adolescence](#)
- [Kinedu](#) helps parents with creative and age-appropriate activities that support baby's development from pregnancy to 4 years old.
- [PBS Daily Activities for Families](#)
- [Peep and the Big Wide World](#): games and videos for children and parents to explore science
- [Vroom](#) has fun tips and activities to make the most of the moments you have with your children age 0 to 5.
- The Pacific Science Center has great online resources to spark [Curiosity at Home](#)
- [Online Education Resources - education companies offering free subscriptions](#)
- [Things to do at home with your children](#) - a giant list!
- [YMCA 360 On-demand classes](#) now available for adults and children. Free for a limited time.
- [Totally the Bomb](#) is a sassy resource page offering social information along with online college courses for free, parenting advice, and video fitness classes for children.